Lisa Da Rocha



Lisa is a highly experienced and passionate clinical and paediatric neuropsychologist who divides her time between clinical practice, specialised neuropsychological assessment, supervision/consulting and training. In her 13 years of clinical practice, she delivers a wide range of effective and tailored evidence based treatments to infants with new parents, children, adolescents and families with a wide range of emotional, behavioral, and adjustment challenges. Lisa has worked and continues to work across the public and private health sector in New Zealand and abroad helping young people and their families live better lives. She has an extensive range of experience working not only with mental but also physical health. Lisa is passionate about helping children and their families cope with new diagnosis, treatment and loss. She is one of a small handful of registered neuropsychologists in New Zealand who specialises in paediatric neuropsychological assessment for children and adolescents. In this role, she has offered comprehensive assessment of individuals who have acquired and traumatic brain injuries. She has over 12 years of experience administering gold standard intellectual and learning measures and she prides herself in providing families with meaningful and comprehensive recommendations.

Lisa has held numerous leadership roles in her career including managing a clinical psychology internship site, heading up a family therapy clinic in a specialist quaternary hospital overseas, being the clinical lead of a regional CAMS service and establishing an effective neurodevelopmental and psychological follow-up program for children with Congenital Heart Disease. In her consulting work, she has provided intensive supervision over 8 years to many clinicians as they acquired skills to deliver effective psychological treatment to children, teens and families. Additionally, she has and continues to offer teaching to medical staff in peadiatric hospitals around child developmental, procedural anxiety, medical mediation and optimising childhood outcomes for children with significant medical conditions. She is as passionate about learning as she is about teaching and as such she regularly attends training workshops and short courses through universities to keep her skills current.

Lisa is eager to apply her experience and compassion with her clients as they begin to address issues that will help them to improve their quality of life and attain a sense of fulfillment.